

RUTGERS HEALTH

University Behavioral Health Care, Care2Caregivers,
COPSA Institute for Alzheimer's Disease and Related Disorders

Transitions Spouse Bereavement Group 2019

Transitions is open to all who are grieving the loss of a spouse or significant other. Special emphasis regarding the caregiving spouse of those who suffered with memory impairment due to Alzheimer's Disease or a related disorder. We meet monthly for emotional support, to learn about the grieving process and to enhance skills for coping and reinvesting in life. This group is free, open to the public and professionally facilitated.

January 24	May 23	September 26
February 28	June 27	October 24
March 28	July 25	November 21
April 25	August 22	December 19

Time: 10:00 – 11:30 am

Location: 151 Centennial Ave. Piscataway, NJ

For more information please call Mary Catherine Lundquist at Care2Caregivers
800-424-2494.